



**TUESDAY 15th OCTOBER, 2024**

**EPS NEWS - ISSUE 15**

## **FROM THE ACTING PRINCIPAL DAISY ACOCKS**

Welcome back! It's hard to believe that it's term 4, feels like we only just started the year and now we are heading into the last 10 weeks of 2024. I hope everyone had a restful break and you all have some fuel left in the tank to get us to the end of a busy term / end of the year.

### **Thank you**

A massive thank you goes out to all families who gave up their holidays to volunteer either with catering or waste management during the Elmore Field Days. Your time is greatly appreciated. An honourable mention must also go out to Kylie Gardam and Pip Renshaw who are Elmore Primary School's representatives on the Catering Committee and put in a huge effort out there every day.

### **Camps**

Over the next two weeks our grade 4 students and 5/6 students are venturing off to camp. This week we see our grade 4s heading to Camp Kookaburra and then week 3 our grade 5/6's are off to Anglesea.

Mr Gibbs will be heading to camp with the grade 4's and Mr Taylor will tag along with our grade 5/6's. We look forward to hearing all about their adventures.

### **Learning Catch Up**

#### **Conversations**

It was wonderful to see such a strong attendance to our termly learning conversations. If you missed out on catching up with your child's teacher, reach out to them and they will do their best to find a time to chat.

Learning conversations are just one aspect of our parent / school communication, if you have any concerns I encourage you to arrange a time to talk with your child's teacher across the term. Contact the school via phone, UeducateUs or have a quick chat during school drop off/pick up.

### **Values Leaders**

Congratulations to Ruby and Wayne who together have taken on the role of values leader for the remainder of the year. Each week they will be on the hunt for students who are

## **EPS VALUES**

### **RESPECT**

*We are thoughtful and socially responsible. We are considerate of others, our environment and ourselves*

### **RESILIENCE**

*We understand the importance of having high expectations and striving to achieve our personal best.*

### **CITIZENSHIP**

*We strive to build meaningful connections and contribute to the collective success of our school and the wider community.*

### **INTEGRITY**

*We are honest with ourselves and with others.*

We acknowledge the traditional land owners of Australia and we welcome all Aboriginal and Torres Strait Islander people to our service.



demonstrating our school values – Respect, Resilience, Citizenship and Integrity.

**Lunch Orders**

Lunch orders are up and running this term from the Elmore Bakery on Tuesday and Thursday each week. Please ensure your order is written clearly with the money securely inside. A copy of the lunch order list was sent home on Friday, please contact the office if you need another copy.

**P-2 Pizza and Movie afternoon**

Wednesday 23<sup>rd</sup> October has been set aside for our Prep – Two class to have a special afternoon together. Students will stay after school where they will participate in some

afternoon tea, fun games, a short movie and pizza for dinner. Pick up time is 5:30 from the P-2 classroom.

**Mowing Roster**

October - Shaw  
November - Simmie  
December - Gardam

**Regional Athletics**

We had one student representing EPS yesterday at Regional Athletics in the long jump. Congratulations to B who came away from the day with a personal best jumping just under 4m placing him in 5<sup>th</sup> position overall. We are all so proud of your achievements.

**Smile Squad**

Smile Squad will return to school on Monday 28th October for the 6 monthly fluoride varnish application for students

who were given permission at the start of the year. If families have changed their mind and would NOT like their child to receive the treatment, please contact the school or Smile Squad directly

**Mr Taylor back**

Mr Taylor is back from his long service leave today. I would like to thank all students, parents and staff for your support during this last week while I've been standing in as Acting Principal. Elmore Primary School is one special school, we are so lucky to have such a kind and supportive community.

Daisy

DATES TO REMEMBER—2024		
<b>OCTOBER 2024</b>		
Wednesday 16th- Friday 18th		3/4 Camp
Tuesday 22nd– Thursday 24th		5/6 Camp
Tuesday 22nd		Book Club Issue 7 Orders Due
Wednesday 23rd	3.20pm-5.30pm	P-2 Pizza & Movie afternoon
Wednesday 23rd		Mango Orders Due
Friday 25th		Subway Lunch
<b>NOVEMBER 2024</b>		
Monday 4th		Student Free Day
Tuesday 5th		Melbourne Cup
Wednesday 13th		Jets Gym Program
Friday 15th	9.00am-10.00am	Step Into Prep
Wednesday 20th		Colour Run
Friday 22nd	9.00am-11.30am	Step Into Prep
Wednesday 27th		Jets Gym Program
Friday 29th		Subway Lunch
	9.00am-11.30am	Step Into Prep
<b>DECEMBER 2024</b>		
Friday 6th	9.00am-11.30am	Step Into Prep
Tuesday 10th	All Day	Statewide Transition Day
Thursday 12th		Student Free Day
Friday 20th		Term 4 ends 1.20pm dismissal

# Prep -2- WILD CROCODILES



Welcome back to all our families and looking forward a great Term 4 with some nice warm weather.

## Wild Crocodile

Our wild crocodile for Week 1 was Isla and we hope she enjoyed being a wild crocodile!

## Pizza and Movie night

This will take place Wednesday, October 23rd. Prep-Grade 2 students are invited to stay after school to enjoy some games, a pizza tea and a movie. The afternoon will run from 3.30-5.30pm. Looking forward to a great time!

## Veggie garden

We have been tending our veggie garden and it's starting to look pretty good. Hopefully some veggies will start to go home soon.

Any concerns please contact Daisy or myself

Cheers Helen & Daisy

# Grades 3/6 Rocking Roo's

Here we are, Term 4. It is amazing how fast the school year continues to go. It has been great to hear about all the interesting activities that students got up to on the school holidays.

As per usual, term 4 is going to be a busy term for students and staff.

## School Camps

The Grade 3/4's are kicking off the camps when they visit Camp Kookaburra with the cluster schools this week. They will be participating in a range of activities like canoeing, ropes course, archery, indoor climbing, orienteering, flying fox, abseiling and night walk. The weather forecast looks good, so the students should have a ball.

Then next week the Grade 5/6's are heading off to Anglesea with the cluster schools, they will catch the bus bright and early on Tuesday and return Thursday afternoon. The students will look forward to activities such as a surfing lesson, mountain bike riding, canoeing, ropes courses, trampoline, archery, flying fox and bouldering.

## Author Study

This term the students in the senior classroom are delving into the literature of Jackie French. With such a vast collection of novels, picture story books, fiction and non-fiction publications, there will be no shortage of fantastic reading material for our students to jump in to.

## Song Room

It was great to have Darren from the Song Room join us last week and he will continue to join us throughout the term, passing on his musical knowledge to the students. The students loved the first session, Darren engaged with the class well and the students loved having him here. We look forward to the students bringing out their musical talents.

## Sun smart

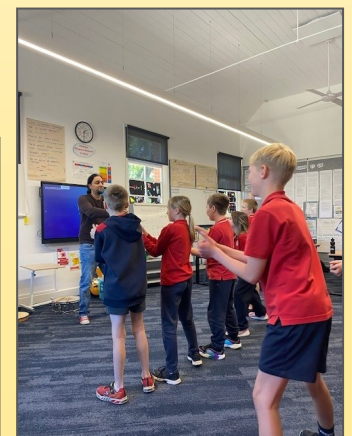
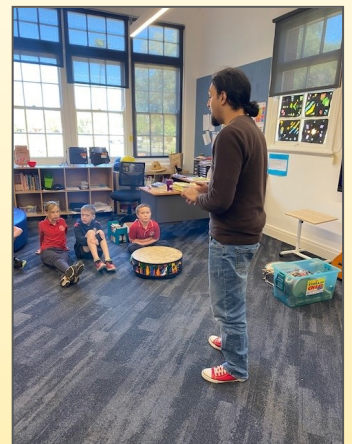
With the weather warming it up, it is important our students are being sun smart. Hats are compulsory and sunscreen is available for students to apply.

## Term learning focuses

Reading – Jackie French author study, comprehension, thinking beyond the text

Writing – Jackie French author study, incorporating the 6+1 writing traits

Numeracy – Revision term, measurement, fractions, decimals and percentages, statistics



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The  
**MANGO**  
FUNDRAISER

Fresh North Queensland Mangoes

Direct from the farm to you!

Support Our Mango Fundraiser

If you *love mangoes*, here's your chance to indulge in fresh juicy Bowen Special Mangoes and support our fundraising drive.

We are selling 7kg trays of mangoes picked and packed during the premium harvest.

Cost per Tray is: \$28.00

Place your order by: 23<sup>rd</sup> OCTOBER

For Further information contact: Aaron Taylor or Tymika Weppner

**Week 10  
Award  
Winners**

Congratulations to  
our award winners

**Week 1  
Award  
Winners**



Luke, Dan, Jack, Ashleigh & Charlie B



Lachlan, Luke, Thomas, Easton, Gen & Ruby



The Elmore Bakery



Phone: 03 5432 6558

Term 4 – 2024

**Lunch orders: Tuesdays and Thursdays**

**LUNCH PRICE LIST**

PLAIN PIES/PASTIES ..... \$5.50  
 SAUSAGE ROLLS ..... \$4.20  
 HOT DOGS..... \$3.70...with Cheese ..... \$4.00  
 PARTY PIES/PASTIES/SAUSAGE ROLLS ..... \$1.50

Salad Rolls/Sandwiches (with Meat) \$7.00 Ham/Chicken/Roast Beef Tomato, Onion, Cucumber, Cheese, Carrot, Lettuce & Beetroot	Salad Rolls/Sandwiches (NO Meat) \$6.00 Tomato, Onion, Cucumber, Cheese, Carrot, Lettuce & Beetroot	Plain Sandwich \$3.50 Cheese or Vegemite  Plain Meat Roll \$5.00 Ham/Chicken/Roast Beef
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HAM & CHEESE TOASTIE \$5.50

FRUIT SALAD \$8.00 (seasonal)

GRANOLA & YOGHURT \$7.00

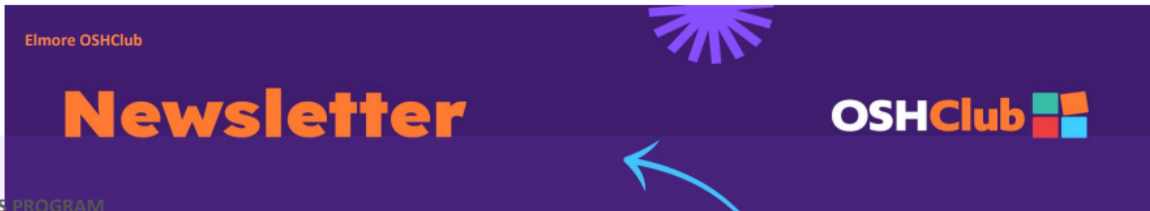
SAVOURY ROLLS  
 Cheese & Bacon \$2.50  
 Pizza OR Tomato, Cheese & Onion \$3  
 Cheese & Vegemite Scroll \$2.50

CAKES/SLICES  
 Cinnamon Donut \$3  
 Iced Donut \$3.40

DRINKS  
 FRUIT JUICE (Impressed/Mojo) \$4.00 (Apple & Orange)  
 300ml OAK Flavoured Milk (Chocolate or Strawberry only) \$3

All prices include GST. Products can be purchased with sauce at no extra charge. Prices are subject to change.

**Please write name and order clearly on the outside of an envelope or paper bag and place money securely inside.**



**NEXT WEEKS PROGRAM**

Week 2 term 4's program was developed by using our children's meetings, observations, and children's requests.

DAY	ADVENTURE 1	ADVENTURE 2	ADVENTURE 3	ADVENTURE 4
MONDAY	<b>Free play:</b> After snack come and try some things that you want to do, why we get organised to do homework club	<b>Homework club:</b> A fantastic way of giving your child extra support in a fun and creative environment	<b>Children's meeting:</b> This enables the children to have a say in the adventures we are running at Play and Stay and raise concerns	<b>Garden check-in:</b> Let's check to see how the garden is going, does it need water, have we got sprouts?
TUESDAY	<b>Free play:</b> After snack come and try some things that you want to do, why we get organised to do homework club	<b>Homework club:</b> A fantastic way of giving your child extra support in a fun and creative environment	<b>Egg Drop:</b> Can you save your egg from a great fall, using only the recycled materials at OSHClub?	<b>Emergency drill:</b> #1, as part of the standards we are required to do 2 emergency drills a term.
WEDNESDAY	<b>Free play:</b> After snack come and try some things that you want to do, why we get organised to do homework club	<b>Homework club:</b> A fantastic way of giving your child extra support in a fun and creative environment	<b>Basketball:</b> Show us your basketball skills.	<b>Painting:</b> This term we are going to have an art show, so what is made hear could be on display.
THURSDAY	<b>Free play:</b> After snack come and try some things that you want to do, why we get organised to do homework club	<b>Homework club:</b> A fantastic way of giving your child extra support in a fun and creative environment	<b>Garden check-in:</b> Let's check to see how the garden is going, does it need water, have we got sprouts?	<b>Beyblades:</b> Can you outlast the educators in this interesting game?
FRIDAY	<b>Free play:</b> After snack come and try some things that you want to do, why we get organised to do homework club	<b>Homework club:</b> A fantastic way of giving your child extra support in a fun and creative environment	<b>Free Play outside:</b> This is your chance to tell us what you would like to do.	<b>Dance Challenge:</b> Using just dance can you complete the dances?



## TERM FOUR 2024



### 0-11 YEARS PARENT SUPPORT AND EDUCATION AND SESSIONS

The Loddon Children's Health & Wellbeing Local will be offering weekly education session related to mental health and wellbeing for parents of children 0-11. These are available both on line and in person.

**Sessions are open to any family with children 0-11.**

#### Why join in?

- Meet and mix with other parents.
- Talk to mental health staff about your child.
- Ask any practical questions you have about parenting at the moment.
- Gain support for yourself as a parent.

**Where:** Loddon Children's Health and Wellbeing Local  
Bendigo Community Health Services  
19 Helm St Kangaroo Flat

**Dates and topics:** Thursdays 9.30 am On Line session: 1pm Face to face at the local

Oct 3<sup>rd</sup> 9.30am on line and 1pm face to face Autism what is it and how do I help?

Oct 10<sup>th</sup> 9.30am on line and 1pm face to face Tech troubles

Oct 17<sup>th</sup> 9.30am on line and 1pm face to face Anxiety in kids

Oct 24<sup>th</sup> 9.30am on line and 1pm face to face Managing big feelings

Oct 31<sup>st</sup> 9.30am and 1pm ADHD What is it and how do I help?

Nov 14<sup>th</sup> 9.30am and 1pm Building social skills

Nov 21<sup>st</sup> 9.30am and 1pm Anger in kids

Nov 28<sup>th</sup> 9.30am and 1pm Setting limits and family rules

Dec 5<sup>th</sup> 9.30am on line and 1pm face to face Parent Wellbeing

**If you have any questions, please contact Annette Clemments on 1800 433 977.**

**Book in here :** using the QR code or email [icfhlocals@bchs.com.au](mailto:icfhlocals@bchs.com.au)



Zoom link for 10am meeting

<https://us02web.zoom.us/j/84867976569> Meeting ID: 848 6797 6569



In partnership with Bendigo Health, Bendigo and District Aboriginal Cooperative, Niemda Aboriginal Corporation, Echuca Regional Health, North Central LLEN and Maryborough District Health.

The Children's Health and Wellbeing Local is jointly funded by the Victorian Government and the Australian Government through the Head to Health Kids initiative

**OFFICIAL**

### THE PARENT GROUP PROGRAM

The Parent Group Program offers parents the chance to meet with other parents and mental health staff about mental wellbeing and parenting challenges.

The program offers

- one to one consultation with the coordinator
- parent group information sessions
- school holiday parent and child sessions
- longer parenting programs

One of parent information sessions available are:

- What is autism and how can I help?
- What is ADHD and how can I help?
- Sleep issues
- Anxiety in kids
- All about Anger
- Managing Big Feelings
- Supporting self esteem
- Building social skills
- Parent Mental Health
- Sensory issues
- Stop the tech or Tech troubles in our family

Parent and child sessions available are:

- Magnificent me
- All about Anger
- Managing Feelings
- Anxiety busting
- Resilient children
- Building social skills

Longer programs include:

- Bringing Up Great Kids, \* Tuning into Kids and \* Circle of Security. ( These programs are booked when requested, they are not run regularly in any location)

This program is offered across the Loddon region by Coordinator Annette Clemments Social Worker in collaboration with other staff.

All services are free to families.

**Please contact the Loddon Children's Health and Wellbeing Local on 1800 433 977 to find out more.**

**FUNLOONG FUN DAY!**

**FREE COMMUNITY EVENT**

**Saturday October 19, 2024**  
**11am to 2pm**  
**Hargreaves Mall and Williamson Street**

Join us to celebrate Children's Week with a range of FREE fun activities and live entertainment for children and families to enjoy! Scan the QR code to follow this inclusive event on Facebook.

This event is proudly sponsored by:





# G GIANT Tennis

## TERM 4 COACHING ELMORE TENNIS CLUB

STARTING THURSDAY 10TH OCT, 2024

10 WEEK PROGRAM - 1HR SESSIONS

\$200 PER STUDENT

SUITABLE FOR ALL AGES & STANDARDS

TIMES & GROUPS WILL BE DETERMINED BASED ON  
ENROLMENTS RECEIVED



REGISTER ONLINE: [GIANTTENNIS.COM.AU](http://GIANTTENNIS.COM.AU)

## GREAT NEWS!!

The Elmore Tennis Club has received sponsorship funding and is able to subsidise the program by HALF leaving the cost of the program only \$100 per player.

**CHOOSE YOUR**

# FOOTY ADVENTURE

**SUMMER FOOTBALL IS COMING TO BENDIGO!**

EPSOM HUNTLY REC RESERVE - TUESDAYS - 5 WEEKS  
STARTING 22ND OF OCTOBER - \$55 INCLUDES A FOOTBALL




**nab AFL Auskick** 

4-6 year olds

Come find your awesome at NAB AFL Auskick. An introductory program to Australian rules football, teaching skills through fun activities and mini games.

**AFL Superkick** 

7-12 year olds

Level up your footy with skills and modified match play in weekly sessions. NAB AFL Superkick is tackle-free and great for Auskick grads and newbies alike.

**VISIT [PLAY.AFL](http://PLAY.AFL)**